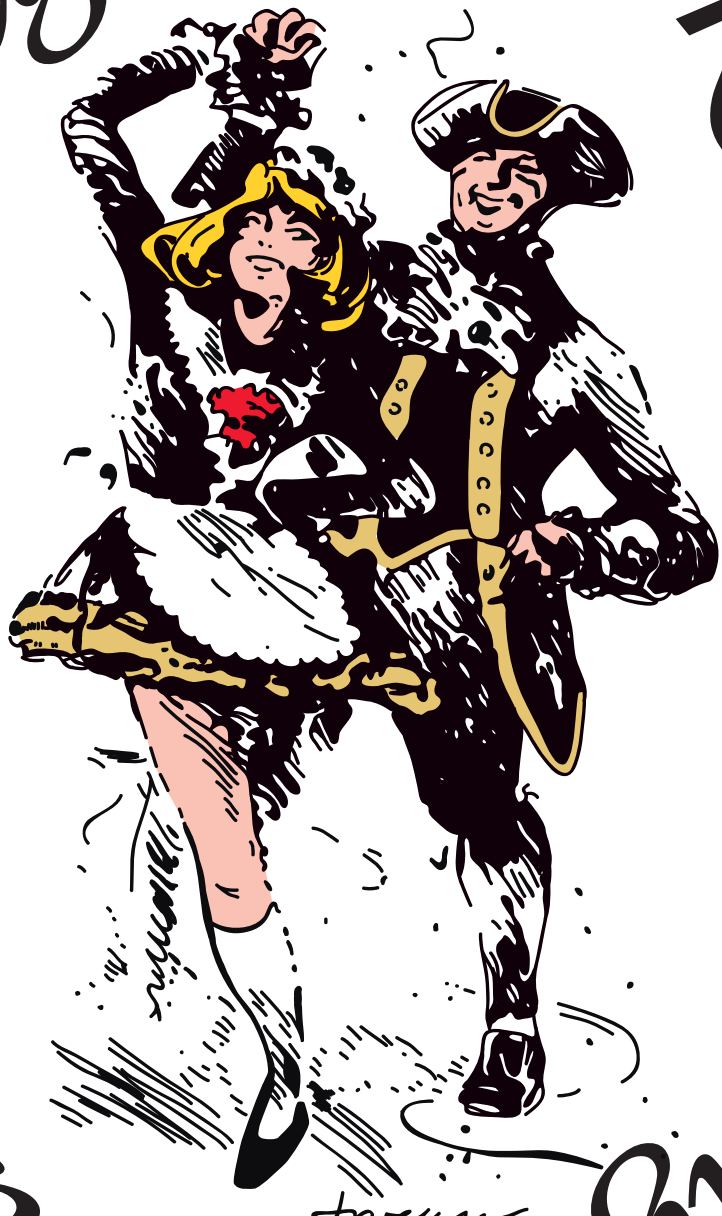Knäächte un Mägde Lyskircher Heilige